

Acupuncture & Herbs

Safe, Effective, Natural & Drug-free Facial Rejuvenation

*Gentle
healing....naturally*



NATURAL HEALTH CENTER

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Acupuncture and Chinese medicine can provide a safe, effective, natural and drug-free approach to reduce signs of aging. A facial rejuvenation using this ancient technique can improve muscle tone of the face and neck while addressing underlying imbalances that may have contributed to the aging process.



A natural alternative to surgery and Botox injections.

In a society where a youthful appearance is worshipped, we have become obsessed with the many tools available for anti-aging. However, many people have discovered a downside to plastic surgery, laser treatments, chemical peels and Botox injections. The side effects include scarring, chronic bruising, nerve damage and lengthy recovery periods. A much better option is cosmetic acupuncture for facial rejuvenation. Acupuncture is safer, less expensive, has virtually no side effects and zero recovery time. People will complete their treatments feeling refreshed and looking younger with smoother complexions and less sagging. The overall benefits of acupuncture include: increased circulation, a stronger immune system, a sense of tranquility and more energy. Now add to this a youthful appearance!

Cosmetic Acupuncture	Plastic Surgery / Botox
<ul style="list-style-type: none">• Addresses the entire face• Painless• No down time or residual pain• Risk-free procedure• Inexpensive	<ul style="list-style-type: none">• Focus on one area of the face• Very Painful• Lengthy recovery periods• Potential for drastic results• Very expensive

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Facial Rejuvenation (continued)



Benefits of cosmetic acupuncture:

- Improves collagen production
- Lifts and defines facial muscles
- Reduces fine lines and wrinkles
- Brightens the complexion
- Lifts sagging neck and reduces bags around the eyes
- Clears or reduces age spots
- Eliminates puffiness
- Tightens pores
- Reduces stress evident in the face
- Enhances overall sense of health, beauty and well-being

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How does facial acupuncture work?

The principle of facial rejuvenation acupuncture is that it rebalances the body's motivating energy — Qi (pronounced "chee"). As we mature, the amount of Qi and blood in the skin and underlying facial muscles slowly begins to decrease, causing a loss of nourishment, support and moisture. Focusing on the acupuncture points in the face will increase the flow of blood and energy to the skin in that area. The needles, inserted very shallowly, bring collagen and elastin to the area, causing the skin to become more supple, elastic and firm. This process hydrates, plumps up and boosts the skin's supply of nutrients and oxygen, thus decreasing wrinkles and blemishes. The overall result is a more youthful appearance.

What is the treatment timeline?

Cosmetic acupuncture begins with a complete patient evaluation, including stress, diet, lifestyle, sleep, proper digestion and elimination. The following durations of treatment are typically recommended (certain skin types may require more treatments):

- ☀ 2 Treatments a week for 5 weeks. \$75 per visit. **BONUS OFFER** — Pay in advance and receive one treatment free! Total cost of 10 treatments paid in advance is \$675.
- ☀ 1-2 Booster Treatments a month, depending on need. \$75 per visit.

Results can be seen as soon as the first treatment, with significant improvements visible by the 5th to 7th treatment. By the end of a series, the patient should look and feel 5-15 years younger. The results will last 3-5 years, depending on the lifestyle of the patient, and longer with monthly booster treatments. Dietary, supplemental and topical recommendations will be provided to reinforce the program.

Give your skin a lift!

Before using drugs or surgery to improve your appearance, consider cosmetic acupuncture for facial rejuvenation. It is an effective, natural, safe, drug-free and painless alternative. Call the Natural Health Center today to set up your initial consultation! 414-282-7420.

